

# Child Development Milestones – 12 months

The majority of children will achieve these development milestones by the time they turn 12 months. All children develop at different rates. Some children are slower than others (developmentally delayed) but catch up with time. Other children, however, may have an underlying problem that causes their development to be delayed, and they may not catch up.



It is important for these children to get as much treatment (early intervention) as possible. So if you are concerned about any aspect of your child’s development, see your child health nurse or doctor for help as soon as you can. If in doubt, it is better to have your concerns checked than to ‘wait and see’.

✓	An average child can...	✗	Signs of possible problems include...
<b>Gross motor</b>			
<input type="checkbox"/>	Stand holding on, walk holding on	<input type="checkbox"/>	Cannot stand holding on
<input type="checkbox"/>	Crawl well	<input type="checkbox"/>	No crawling or bottom-shuffling
<input type="checkbox"/>	Pull to standing position	<input type="checkbox"/>	Any differences between right and left sides of body (in strength, movement or muscle tone)
<b>Fine motor</b>			
<input type="checkbox"/>	Pick up objects using tip of thumb and index finger	<input type="checkbox"/>	No clear use of the index finger to point or poke or with thumb to pick up objects
<input type="checkbox"/>	Grasp pencil and start to scribble	<input type="checkbox"/>	Cannot chew solid food
<input type="checkbox"/>	Pick up smaller objects well		
<b>Talking and understanding</b>			
<input type="checkbox"/>	Say 2 clear words	<input type="checkbox"/>	No single words
<input type="checkbox"/>	Shake head for ‘no’		
<input type="checkbox"/>	Babble short sentences of six or more sounds	<input type="checkbox"/>	No babbled phrases that ‘sound’ like normal language
<input type="checkbox"/>	Babble frequently when alone (ie talk to self)		
<input type="checkbox"/>	Listen with more interest to familiar words	<input type="checkbox"/>	No interest in language, communication
<input type="checkbox"/>	Understand ‘no’		
<input type="checkbox"/>	Understand individual words, like ‘drink’	<input type="checkbox"/>	No recognition of individual words
<b>Social</b>			
<input type="checkbox"/>	Play ball with a stranger	<input type="checkbox"/>	Lack of awareness of strangers
<input type="checkbox"/>	Point at wanted objects		
<input type="checkbox"/>	Play more complex games, like peek-a-boo	<input type="checkbox"/>	Prefer to play alone
<input type="checkbox"/>	Make the first move to show affection	<input type="checkbox"/>	Show no pleasure when parents give affection
<input type="checkbox"/>	Wave ‘bye-bye’	<input type="checkbox"/>	No awareness of what to do socially (ie waving or noticing if someone walks in the room)
<b>Intellectual</b>			
<input type="checkbox"/>	Actively explore – lifting lids, looking around		
<input type="checkbox"/>	Copy actions		
<input type="checkbox"/>	Find hidden objects, like under a cup	<input type="checkbox"/>	Forgets objects or loses interest as soon as they are out of view

Youthrive is providing this as general information only and it should not be relied upon as professional or medical advice. You should seek professional and medical advice for particular health concerns or manifestations. Our best efforts have been used to ensure this information is considered correct and current in accordance with accepted best practice in Queensland as at the date of production.

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